

MARSHFIELD RECREATION DEPARTMENT

76 South River Street, Marshfield, MA. 02050

781-834-5543 or email mfldrec@mpsd.org

New Programs to enjoy!!!

www.townofmarshfield.org

COMMUNITY BROCHURE



Fall
2005

Recreation Commission:

Tim Bartlett
Jay Crowley
MaryAnn Hebert
Joe O Neill
Dan Pitts
Doug Little (Alternate)

Recreation Staff:

Ned Bangs, M.Ed., CPRP, Director
Terry Wening, Administrative Clerk

**Mail In Registration Form
Enclosed!!!**

Come join us!!
Commission openings available



From the Director:

As we head into the fall season, our programs continue to expand as we respond to the varied interests and needs of the community. The Recreation Department, in partnership with the Marshfield Public Schools and the Old Colony YMCA have combined efforts to offer expanded before and after school child care. Before school care is offered at each of the elementary schools. On site extended day programs are offered at the Gov. Winslow, and Martinson Schools. (Eames Way students are bussed to the Martinson site) Students who attend the Daniel Webster and South River Schools attend the program at the Recreation Child Care Center, located at 14 Library Plaza, next to the Ventress Memorial Library.

*With the support of the Marshfield School Committee, FBMS Administration and School Council, the Recreation Department offers after school programs for middle school students. Seasonal brochures are designed for Winter and Spring seasons, and are distributed to students at the middle school. Student input and program suggestions are always welcome.

*The Uncle Bud Skatepark is nearing completion. The skatepark has been an overwhelming success. The park provides a safe area for children, teens and adults to skate board and use their inline skates. The granite seating and trees provide shady and cool areas for skaters and non skates to relax. Look for the return of the Thursday night summer concert series, and Theatre in the Park next summer, as well as Movies in the Park after Dark. As you can see, the skate park is much more than just a skatepark. Our sincere thanks goes out to those individuals and businesses who have contributed to the success of this project.

*Coast Guard Hill Update: We are finalizing our design plans for this unique community site. Look for good things to happen this year.

*Recreation Web Page!! Check out recreation news, and program information. www.townofmarshfield.org Join the recreation department's email list for latest program updates, it is easy to do and best of all it is FREE! Go to the web page, scroll down to the bottom of the page and follow the directions.

*Join us this fall in one of our many programs, trips or special events. Enjoy our Oktoberfest at Coast Guard Hill, or try out the outdoor sand volleyball courts and basketballs courts. These facilities were donated by Rob Nerger and Brian Murphy. We are pleased to offer trips to the Penn Dutch Country, the Boston Celtics, and the Boston Pops Holiday performance.

* Many of our programs and outings are the direct result of community input. Suggest an activity or better yet offer to teach a new program or class!

* As a community organization we seek to partner with and complement, but not compete with many business, groups and organizations. To that end it is the goal of the Recreation Department to partner with the Boys and Girls Club in order combine our resources and offer one new program each season. Look for our new fall program offering in this brochure.

* On Line Program Registration!! Look for an easier way to register for community recreation programs. We will be offering WEB Registration starting with the Winter Brochure.

*Volunteers continue to play an important role in our program offerings. Help out in the office, chaperone the ski and snowboard program, coach evening basketball and street hockey leagues, judge summer sandcastle and winter snow sculptures, assist with the Easter Egg Hunt, help in the pre school program, assist with the Oktoberfest at Coast Guard Hill, or join the Recreation Commission and attend monthly commission meetings, among other activities. For volunteer assistance, please refer to the Help us to serve you Better section in the brochure.

* Have a great fall and remember, Don't Hesitate, Recreate "

Sincerely,

Ned Bangs, CPRP
Recreation Director

MARSHFIELD RECREATION WHO WE ARE AND WHAT WE DO

The Recreation Commission is comprised of Marshfield residents, seven full members and two alternates, who are appointed by the Marshfield Board of Selectmen. The Commission is a policy and active board responsible to the Town for providing year round high quality indoor and outdoor recreational activities for Town residents. The Commission meets regularly to review policy, programs and procedures. Community attendance and input regarding programs and facilities is welcome!

The Marshfield Recreation Department was established by Town Meeting in 1958 with the purpose of conducting and promoting recreation, play, sport and physical education. The Recreation Department plans, organizes, promotes, and provides worthwhile leisure programs and facilities to serve the physical, emotional, and social needs of the residents of our community, regardless of one's ability.

DEPARTMENT OBJECTIVES:

Coordinate recreational activity with the school department, youth groups, youth sports programs, and the senior citizens group.

Involve as sponsors of recreation special interest groups, business organizations, neighborhood groups, professional groups and news media who are interested in helping improve Marshfield.

Better utilize and upgrade parks, ball fields, and conservation land.

Better utilize, protect, preserve, and beautify Marshfield's beaches.

Setup new programs as self-supporting and explore ways of generating additional revenue through grants, donations and fundraising.

Recreation activities are coordinated through our office staff, which is comprised of one full time director and one full time administrative clerk. The Recreation Commission is looking for additional volunteers who are interested in promoting the planning of programs for all Marshfield residents: Call us at (781)834-5543 to see how you can help!

RECREATION STAFF:

The Recreation Department strives to hire the best-qualified individuals possible to staff and instruct our many programs. In December 1999 our department was authorized by the Executive Office of Public Safety, Criminal History Systems Board to perform C.O.R.I. (Criminal Offender Record Information) checks on prospective employees.

Our department presently uses applications, personal interviews and reference checks as part of our screening process. The C.O.R.I. will further assist us in screening prospective employees.

In all instances we will do everything possible to provide a positive learning experience and offer a safe, secure environment for your child. The Recreation Department strives to offer community programs, which are within budget limitations. All Recreation Department programs are self-supporting. The fees, which are charged for programs cover the cost of operation of the program, such as instructor salaries and materials.

Program instructors and part time employees are hired on a seasonal basis. If you are interested in offering a program please contact our office.

REGISTRATION / GENERAL INFORMATION

Registration Procedure: Use the enclosed form for all family members

ALL FEES ARE PAYABLE WHEN YOU REGISTER. The Recreation Department does not accept phone registrations or credit cards. *Late Registrations pay full fee, no prorating.*

A person is considered registered when a check (**payable to Town of Marshfield**) accompanied by a completed registration form is received by the Recreation Department

NON-RESIDENT REGISTRATION:

Recreation programs will be open to non-residents on a space available basis. Registration will begin Monday September 26, at 8:30am.

Wait List

If your desired class is FULL, you will be notified and placed on a wait list. Your payment will be refunded or created to your account if you wish. If any openings become available, we will go to the wait list to fill the class

Program Information

Regular outdoor programs will not be held during periods of inclement weather. Announcements will be made on WATD FM 95.9, web site, and on our answering machine. If you have a question call the Recreation Department, unless previously arranged, canceled classes will not be made up.

Photo Policy

The department reserves the right to photograph program participants for publicity purposes for flyers, brochures and our web page.

Mail Your Registration Early

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We encourage mail in registrations!
Mail your completed registration form to the Recreation Department, anytime after you receive this brochure. The sooner you mail it, the better chance you have of getting in the programs you want.

Register as soon as possible, programs / trips are offered on a first come, first serve basis. Registration maybe limited due to subject matter, space limitations, and leadership ratio.

Financial Assistance

Contact the Recreation Department immediately if you need financial assistance in order to register for any Recreation Department youth program. We will attempt to assist you so you may participant in the program of your choice. Scholarships and payment plans are available, but need to be set up with the Director.

Refund Guidelines

1. Full refund if a program is full when we receive your registration form, or if Marshfield Recreation canceled the program.
2. If you decide to cancel, you must notify our office as soon as possible, but prior to the start of the program.
3. If you give sufficient notice, the Rec. Dept. may be able to give you full or partial refund. There will be a \$5.00 processing charge for all refunds given.
4. If you cancel for a program for which the Recreation Dept. has incurred expenses on your behalf, your refund, if any will be reduced by the amount of expenses incurred.

Easy Registration Process

1. Use one form per person. (photo copy extra forms if needed)
Photocopies will be accepted only after the brochures have been distributed to the General Public.
2. One check, payable to Town of Marshfield to cover all program cost.
3. Fill out registration form completely and accurately so that all your information will be recorded correctly. Read all registration guidelines and course information.
4. Insert completed registration form and check into an envelope and mail to: Marshfield Recreation Department, 76 South River Street, Marshfield, MA. 02050
5. Walk in Registration will begin weekdays 8:30am –3:30pm starting September 21, at 8:30am
Recreation Office 76 South River St.

Scholarship Fund

Fee based programs can create a financial hardship for some families. Residents unable to participate in youth programs due to financial reasons may qualify for financial assistance, consideration upon written request. We believe that public recreation is important and it serves to improve the quality of life for individuals and the community alike. If you would like to contribute to this fund, please refer to the program registration form in this brochure.

Code of Conduct

Proper behavior by all participants is expected at all times. In instances of improper behavior, parent (s) will be notified. If behavior cannot be corrected then the individual (s) will be excused from further programs. Participants are expected to exhibit proper behavior at all times. Participants shall show respect to peers and staff, refrain from foul language, and be respectful of equipment, supplies, and facilities. The Department reserves the right to terminate individuals who cannot exhibit proper behavior.

SOMETHING FOR EVERYONE

The Marshfield Recreation Department offers programs, trips and special events year round and publishes seasonal Community Brochures for Fall, Winter/Spring and Summer programs (Sept. Jan. May). These brochures are available at the Town Hall, Chamber of Commerce, Ventress Memorial Library, Elementary Schools, Denny's Barber Shop, Recreation Child Care Center, Office and Recreation Web page. In response to increased demand, seasonal programs are designed for FBMS students. Brochures are designed and distributed to FBMS students in the Winter, and Spring. Additional information is published in the Patriot Ledger, Marshfield Mariner, Marshfield Reporter, and School Notice. Please E-mail us at mfldrec@mpsd.org, or check out the town web page, www.townofmarshfield.org

DON'T LET A GOOD PROGRAM DIE!!

Nothing kills a good class better than everyone putting off registering until the last minute. If we have not received the minimum number of participants, we will have to cancel the program. We will cancel under subscribed classes. All programs have limits and deadlines, deadlines are one week before starting dates, unless otherwise noted or already filled. Waiting to the last minute won't revive the class! DON'T WAIT!! SIGN UP AND PARTICIPATE. Programs require a high level of coordination including facility scheduling, program supplies, staffing, and volunteer recruitment.

Can't think of what to get that person who has it all?

Give the Gift of Recreation "



It's easy. Just call 781-834-5543 or email mfldrec@mpsd.org. Marshfield Recreation Staff will be happy to design a certificate to meet your needs.

RECREATE!

Show your support! A limited number of T Shirts, tank tops, water bottles, are on sale. Call for details.

MAIL LIST! § § § §

Have the Recreation Department community brochures mailed to your home. \$5.00 for a year. **CODE: ML2005**

FIND A MISTAKE!

Since some people love to find errors, we included a few in our brochure to satisfy this need. A Recreation Sweatshirt and coffee/ hot chocolate mug will be given to the first caller to correctly notify us of an error. Limited to one (1) offer per brochure. Winner will be posted on our web site www.townofmarshfield.org

YOUTH ACTIVITIES

GIRLS KARATE KIDS

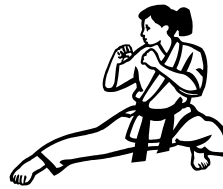
WHO: Girls Grades K - 8

WHEN: Saturdays 11:10am -12:00 p.m.
October 15th - Nov. 5th (4 weeks)

WHERE: Whidden s School of Fitness
822 Webster Street
Marshfield, MA 02050

FEE: \$45.00 per person (uniform required, purchase at WSF for \$30.00)

CODE: 431060-01



INSTRUCTOR: Roger Whidden

Class focus is on basic self- protection skills, discipline and athletic condition in a fun and creative atmosphere. Advancement possible with continued study. The style of Karate is Kempo. Please arrive 10 -15 minutes early for the first class. Limit 15 per class.

WRESTLING

WHO: Gr. K-8 Boys

WHEN: Sunday October 16th through November 6th (4 weeks)
5:15 pm - 6:00pm K-5
5:15 pm - 6:15pm Gr. 6-8

WHERE: Whidden s School of Fitness, Inc.
822 Webster Street, Marshfield

FEE: \$45.00 per person (uniform required, purchase at WSF for \$30.00)

CODE: 421210-01grades K-5
421210-02 grades 6 -8



INSTRUCTOR: Roger Whidden and Assistants

These intro classes consist of core strengthening and stretching as a warm up, sport wrestling skill acquisition, and lots of wrestling for strength and endurance. Continuation of classes is possible at completion of the course. Please be 15 minutes early for the first class. Limit of 10 per class.

Roger has a black belt in Karate, B.S. in Exercise Science, MA s in Education and Counseling, Tai Chi Teacher Certified, and is a Tai Chi Fighting World Champion. Roger has been teaching since 1976.

MARSHFIELD RECREATION PRE SCHOOL
License # 805201

WHO: Boys and Girls Ages 3 and 4

WHEN: 2005-2006 School Year September 12th May 26th

WHERE: 14 Library Plaza, Recreation Child Care Center
(Next to the Ventress Memorial Library)
Look for the sign in the window

FEE: 3 Year olds - 2 days a week - \$61.00 per month
4 Year olds - 3 days a week - \$83.00 per month

AGE	DAY	TIME	CODE
3	T & TH	9:00 - 11:00	510010-01
3	T & TH	12:00 - 2:00	510010-02
4	M, W, F	9:00 - 11:00	510010-03
4	M, W, F	12:00 - 2:00	510010-04

Some openings, call for details



Pre School playgroup for 3 and 4 year olds offers field trips, special projects and recreation time. Students have an opportunity to be creative and form new friendships and social skills. **Parent participation required.** Licensed by the State Office for Child Care Services. Call for possible openings. When classes are full a waiting list is established and kept active through March. Maximum of 12 students per class.

HORSEBACK RIDING CLINIC



WHO: Family and Friends

WHEN: Saturday, October TBA

WHERE: Furnace Brook Farm, 253 Sandy Hill Drive

FEE: \$5.00per family, (or \$3.00pp) **CODE:** 401230-01

Learn about riding styles and forms, types of horses, ponies, care, feeding, grooming, and expenses. Enjoy a riding demonstration, which will include small jumps. Erin Collins is a licensed riding instructor, who holds 2 national titles and has run riding camps for six years. Minimum 7 participants. Limited to the first 15 to sign up.

MARSHFIELD RECREATION EXTENDED DAY PROGRAM

License Number 121110

Pre-Registration 2005-2006 School Year

WHO: Boys and Girls, Grades K –5
WHEN: 2005 –06 School year
WHERE: Elementary Schools
FEE: \$30 per student (registration fee)

Call for possible program openings!!

Licensed by The Office for Child Care Services, for Marshfield students in grades K-5. The program operates during the school year, (including early Thursdays) Sept. - through the last full day of school, until 6 p.m. Thanks to parent, School Administration and Marshfield School Committee support, onsite programs are offered at the Gov. Winslow, and Martinson Schools. (Eames Way students attend site at Martinson School). South River and Daniel Webster students are transported to the Marshfield Recreation Child Care Center at 14 Library Plaza. Please indicate your child's school, number of days and days preferred.

Limited to 26 students per day, for school based programs.

School	Code	School	Code
Eames Way	520020-06	Daniel Webster	520010-XX
Martinson	520020-06	South River	520010-XX
Gov. Winslow	520040-06	XXXX	XXXX



Limited to 26 students per day, for the child care center based program.

Waiting list will be established at each site when the program is at capacity.

Two days a week	\$210.00 month
Three days a week	\$220.00 month
Four days a week	\$240.00 month
Five Days a week	\$260.00 month



Monthly cost, per person. 10% discount for the second child, same family

**Separate February & April vacation programs are offered for all program participants, (limited space) at the Recreation Child Care Center for an additional fee, based on demand. School year activities include: monthly news letter, theme months, homework assistance, arts & crafts, sports, table games, group activities, outdoor and indoor time, special events and student choice.

STAFF: Supervised by experienced individuals who meet or exceed OCCS requirements. H.S. , College and older, certified in CPR and First Aid. Staff Student ratio not to exceed 1 –43.

Help Wanted:

The Extended Day program is looking for a few more good staff!! Site Coordinator and Group Leader openings available at the Gov. Winslow, and Martinson Schools and Recreation Child Care Center

Thursdays 12:30pm –3:30pm and another day (s), 2:30pm –6:00pm.

Call 781-834-5543 for additional information.

FALL into TENNIS at PETER IGO PARK

The Recreation Department is pleased to offer a new program for the Marshfield Community. We have been working with members of the Recreation Department's Adult Tennis League to offer additional tennis programs for children and adults!! Join us this fall at Igo by the Sea, 'a gem of a site as our Tennis Nuts fondly refer to the Peter Igo Park.

YOUTH TENNIS

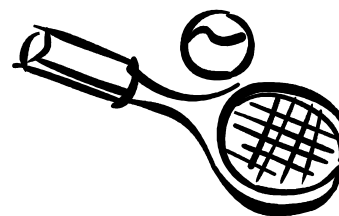
WHO: Students in grades 1 –8
WHEN: Saturdays, September 17 –October 22. (6 weeks)
WHERE: Peter Igo Park, 8:30am –4:00pm
FEE: \$25.00 per person
CODE: 421260-01



Bring your racquet, drink, hat, sunscreen and sneakers (sandals and other footwear is not allowed). We will supply balls, and a racquet if you need one. Students will be evaluated on the first day and divided into appropriate class levels. (Beginner –Intermediate) The class is limited to 16 students. Instruction will focus on the fundamentals of tennis and include forehand, back hand, serve, volley and conduct. Games and drills will provide students with a fun approach to the sport. Rain Make up October 29 and November 5, same time.

ADULT TENNIS

WHO: High School and older
WHEN: Wednesdays September 14 –October 19 (6 weeks)
WHERE: Peter Igo Park, 6:00pm –7:30pm
FEE: \$25.00 per person
CODE: 451011-01



This is a great program for adults who played previously and are looking to get back into the SWING of the things. This program is also a wonderful introduction for adults new to tennis. Instruction will flow in a fun, supportive and positive approach.

Students will be evaluated on the first day and divided into appropriate class levels. The class is limited to 16 students, and instruction will focus on the fundamentals of tennis and include forehand, back hand, serve, volley and conduct. Games and drills will provide students with a fun approach to the sport.

Rain Make up, if it rains on Wednesday night, class will be held on Thursday, same time.

The Staff:

Teaching staff will be headed up by Mr. Buddy Duksta. Buddy is recently retired from the United States Air National Guard, where he served as the Wing Fitness and Recreation NCO for the men and women of the 102nd F.W.I., located at Otis Air Base, Cape Cod. In addition Buddy is a member of the USTA, and he participated in and completed a Tennis Instructor Training Class. Buddy regularly participates in tennis clinics in Florida and the Northeast.

Buddy will have a rotating crew of adult tennis staff to assist with this great fall program.

KIDS NIGHT OUT

WHO: Co-ed Ages 5-11
WHEN: Fridays from 6:00 to 9:00 pm
WHERE: Recreation Child Care Center
14 Library Plaza
FEE: \$12.00 1st child, \$8.00 second child
(same family) Max. \$30.00 family

Date	Code
Oct. 21	420270-01
Nov. 18	420270-02
Dec. 9	420270-03
Jan. 6	420270-04

Drop the kids off for a night of games, activities, outdoor sports or movies while parents enjoy their own night out! Pizza and drink will be served. Recreation Staff will supervise. Ratio 1 7- Limited to 26 students per night.

LEARN TO SKATE

WHO: Boys and Girls Ages 6-12
WHEN: Thursdays, Nov. 17 to Jan. 12 (8 weeks)
1:30 pm No class: 11/24/05
Or 12/29/05
WHERE: Armstrong Ice Skating Rink
(see above for directions)
FEE: \$99.00 per person use of ice skates
included (limited supply)
NO HELMET, NO SKATE POLICY
(bike helmet okay)
CODE: 421280-01

An excellent introduction to ice skating for students ages 6-12 who want to learn the basic skill to enjoy recreational ice skating. Each class consists of 25 minute lesson, with a 10:1 skater to instructor ratio with optional 25 minute unsupervised practice. Minimum 4 , Maximum 10 students per class. Skaters should arrive 15 minutes prior to class start time.

Parents allowed on the ice for unsupervised practice as long as they wear ice skates.

Please tape your child s name to front of helmet.

LEARN TO SKATE PROGRAM

WHO: Boy and Girls ages 3-5 years old
WHEN: Wednesdays Nov. 16 to January 12.
9:30 to 10:20 am 8 weeks
Please Note: No class 12/28/05
WHERE: Armstrong Ice Skating Rink, Plymouth
725 Long Pond Rd., Exit 5 off Rte 3
Skaters should arrive 15 minutes prior to class start time.
FEE: \$89.00 per person, use of ice skates included, (limited supply) or bring your own ice skates (no double blades)
NO HELMET, NO SKATE POLICY
(bike helmet okay)
CODE: Wed. Class 421291-02

Excellent introduction to Ice Skating for students who want to learn the basic skills and enjoy recreational ice skating. Each class consists of a 25 minute lesson 10:1 skater to instructor ratio and an optional 25 minute unsupervised practice.

Minimum 4, Maximum 10 students per class.

Parents allowed on the ice for unsupervised practice as long as they wear ice skates.

Please tape your child s name to front of helmet.



LEARN TO SKI / SNOWBOARD

BLUE HILLS SKI/SNOWBOARD PROGRAM

This is a lesson only program, there is no FREE skiing or snowboarding

- WHO:** Students Grades 1 - 12
- WHEN:** Thursdays, January 5th - February 2nd 2006
5 weeks, or until 5 lessons are completed
- WHERE:** Blue Hills Ski Area
- FEE:** \$.00 includes ski lessons & transportation.
\$.00 includes ski lessons, rentals & transportation.
- CODE:**
- | | |
|-----------|------------------------------|
| 401080-01 | Ski Own Equipment |
| 401080-02 | Ski Rent at Blue Hills |
| 401080-03 | Snowboard Own Equipment |
| 401080-04 | Snowboard Rent at Blue Hills |



Bus departs from the High School parking lot at 3:00 p.m. sharp! Group lessons are at Blue Hills from 4:00 - 5:30 p.m. Bus returns to the High School student parking lot by approx. 7:00 p.m. Students need to dress for the weather - hats, coats, gloves, etc. Warm socks and a sweater are suggested. **Bring a snack or money to buy a snack at the lodge at the conclusion of each night's lesson.** ** Please put your name on all clothing and ski equipment-many students have similar outfits and equipment.

This is a LEARN to ski or snowboard program. No Free skiing or snowboarding. For Safety reasons All Students are required to ski or snowboard with their class and Instructor. Students are required to wear Recreation Ski Pinneys and Ski tag.

Failure to follow the above rules will result in a one week suspension from the program

Adult Chaperones: Are necessary for this program to operate. We need a 3 to 4 adults per bus. We will provide a ski/snowboard pass; you provide equipment (daily) for those adults who assist. Please indicate dates available on the registration form.

Mail in registration begins Tuesday, November 8th. Registrations will not be accepted prior to this date.
Walk-in registration begins Tuesday November 15th. Please call regarding possible openings.

Due unstable fuel prices, the program cost will be posted starting November 7.

Maximum of 40 students. **Last Day to register, providing space is available will be Friday, December 16th.**



ADULT SPORTS

ADULT CO-ED VOLLEYBALL (advanced)

WHO: Adults (High School Graduates and older)

WHEN: Monday nights 7:00 - 9:30 p.m.
October 17, 2005 - April 10, 2006 (20 weeks)

WHERE: Marshfield High School Gym

FEE: \$10.00 Registration fee, plus \$2.00 nightly fee

CODE: 451310-01
Designed for **skilled players**. Program includes warm ups, (bump, set, spike) practice, and game play. All rules followed and enforced. Competitive play for experienced players. Knowledge of defense, game strategy, ability to bump, set and spike. New players welcome, will be evaluated first two weeks, for proper placement. Come dressed and ready to play. Maximum 30 adults.

No Class: 10/24, 10/31/, 12/26, 1/2, 1/16, 2/20
Will notify of other possible conflicts

ADULT CO-ED VOLLEYBALL (recreation)

WHO: Adults (High School Graduates and older)

WHEN: Thursday nights 7:00 - 9:30 p.m.
October 13, 2005 -June 1, 2005, (30 weeks)

WHERE: Martinson Elementary School

FEE: \$10.00 Registration fee, plus \$2.00 nightly fee

CODE: 451310-02
Recreational play, ideal for those who have played previously. Instruction offered as needed. Basic Rules are followed. Come dressed and ready to play. Maximum 30 adults.

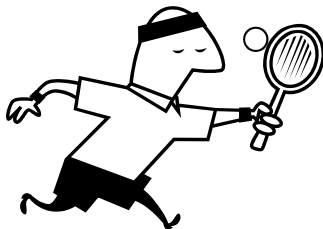
No class: 11/24, 12/29, 2/23, 4/14, 4/20
Will notify of other possible conflicts

LOOK AT THIS!!!

Participants who wish to play in both programs

FEE: \$15.00 plus \$2.00 nightly fee

CODE: 451310-03



WOMENS BASKETBALL

WHO: Women 30 or older

WHEN: Mondays 7:00 to 9:00 pm
October 17, 2005 - January 30th, 2006 (11 weeks)

WHERE: MHS GYM

FEE: \$25.00 per person (includes game Shirt) Note size on reg. form
Adult S., M, Lg, XL

CODE: 451400-01

Recreation play, ideal for those who have played previously. Pick up games will be played weekly. Basic rules are followed. Come dressed and ready to play. Limited to 30 players

No Class: 10/24, 10/31, 12/26, 1/2, 1/16
Will notify of other possible conflicts



FALL TENNIS CLASSIC

Coordinated by members of the Recreation Department's Adult Co-Ed Tennis League. This annual Doubles Tournament is scheduled for Sunday October 2nd, from 7:30am - 4:30pm at the High School Tennis Courts. Please note: All eight courts will be used during the tournament. Call for possible openings.

Rain Date will be October 9, same time and location.

The Recreation Department offers indoor play at the Kingsbury Club during the winter season. Information will be available in the Winter /Spring Brochure

YOGA

WHO: Adults, 16 years and older

WHEN: Wed. 9:30-11:00 am
or
Wed 7:00 - 8:30 pm
October 5th 26th 4 weeks

WHERE: Whidden's School of Fitness
822 Webster Street, Marshfield

FEE: \$45.00

CODE: 451420-01 (am class)
or
451420-02 (evening class)

Yoga can help integrate mind and body. The classes consist of warm-up movements, stretches, hatha yoga postures, guided relaxation and breathing techniques. Through yoga one can increase flexibility, strength, improve balance and posture. Mental clarity, inner peace and a nourished spirit can be attained through consistent practice. Minimum 4 participants, Maximum 15 participants.

INSTRUCTOR: Mary Whidden has been teaching in the health and fitness field for over 200 years. She is a Kripalu certified Yoga teacher, has a B.S. in Physical Ed., and is a certified AFFA Fitness Instructor & Personal Trainer.



SEA KAYAK, NAVIGATION AND OCEAN HAZARDS WORKSHOP (This is a Four Part Series)

WHO: Age 16 and older

WHEN: Wednesday nights November 2, 9, 16, and 30, 7:30 to 9:30 pm

WHERE: Child Care Center, 14 Library Plaza and Duxbury Bay

FEE: \$60.00 per person Limited to 12 participants

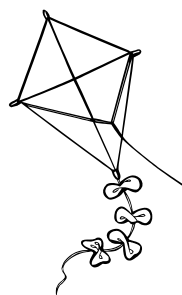
CODE: 451440-01

Please Note: Registration starts September 23

Co-sponsored by The North and South Watershed Association

In this Hands On workshop participants will learn navigation skills including chart reading, decision making, plotting courses, understanding potential ocean hazards such as currents, wave dynamics etc. One session will emphasize paddling in local areas, including Duxbury Bay, Boston Harbor Islands and the North and South Rivers

Instructor: Doug Lowry, noted Sea Kayak Instructor for the National Outdoor Leadership School, and Vice President of the North and South River Watershed Association.



OCTOBERFEST ON THE HILL

WHO: Families, All ages
(Perfect for children, teens, adults and seniors)

WHEN: Saturday, October 15th (10/16, rain date)
1:00 - 4:00 pm

WHERE: Recreation Department's Future Home
900 Ferry Street
(Old Coast Guard Property)

Enjoy a Day on the Hill. We'll have tours of the property and update you on our plans for using the area for community use. Come walk the grounds, join the kite flying contest, volleyball game, and basketball shooting contest. Enjoy some old fashion games such as potato sack, three leg races, tug of war, and have a tasty treat off the grill.

Stay tuned for additional activities!



TRIPS / OUTINGS

Boston Celtics Basketball

WHO: Adults, students welcome when accompanied by an adult

WHEN: Friday, February 10, 2006

WHERE: Boston Garden, Boston

FEE: \$48.00pm

CODE: 403001-01

Enjoy a Celtics vs. Portland Trail Blazers Basketball game this winter at the Garden. We have choice Loge seats. Regular \$75.00 tickets, (discounted) and limited to the first forty-five participants who sign up and pay. The bus will leave the Recreation Office, 76 South River Street at 5:30pm and return by 11:15pm

Boston Pops Holiday Show

WHO: Adults, students welcomed when accompanied by an adult

WHEN: December 2005
(Date will be announced October 24)

WHERE: Symphony Hall
Boston, MA

FEE: TBA October 24

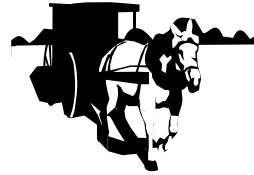
CODE: 403002-01

Enjoy a new Marshfield Recreation Holiday Tradition. music with the Famous Boston Pops. The bus will leave from the Recreation Department, 76 South River Street for the afternoon performance and return immediately following the program.

Trip Policy: Participants are asked to meet 20 minutes prior to scheduled departure time; once the bus arrives we will conduct attendance review the trip, wait 5 minutes and then leave. There are no refunds if you miss the bus.

Penn Dutch Country Gettysburg, PA Hershey, PA

**October 8 thru 11, 2005
4 days 3 nights**



Enjoy deluxe motor coach transportation, three nights hotel accommodations at the Brunswick Ramada Hotel in downtown Lancaster (or similar). Three Breakfasts and three dinners including dinner at the Dutch Apple Dinner Theater featuring the musical Pajama Game .” You will visit the National Christmas Center. Full day guided tour of Penn Dutch Country includes a visit to Amish Farmlands, Amish Farm and House, Amish Craft Shop, visit Kitchen Kettle Village, and the Intercourse Cannery. You will have a full day tour of Gettysburg to include a battlefield tour and museum, Chocolate World and Chocolate Town and Founders Hall, and more!

A sure sell out, register before it is to late!!
Children welcome with an adult.

Number	Cost p.p.	Code
Single	\$569.00	403011-04
Double	469.00	403011-01
Triple	\$449.00	403011-02
Quad	\$439.00	403011-03

Date Received: _____

MARSHFIELD RECREATION DEPARTMENT

76 South River Street, Marshfield, MA 02050

781-834-5543

E-mail mflrdrec@mpsd.org

Employee Initial: _____

**FALL 2005 REGISTRATION FORM, ONE PER FAMILY,
ADDITIONAL INFORMATION ON REVERSE SIDE.**

**Mail in registration starts NOW. Please note: In fairness to all,
WALK IN REGISTRATION at the Recreation Office will not
be accepted until , Wednesday, September 21st (8:30am)**

Please Print Clearly: Fill in all blanks Checks payable to Town of Marshfield

Family last name: _____

Contact Email: _____

T-Shirt Size:

Participant Name: _____

M

F

Grade: _____

Adult Sm. _____

D.O.B. _____ Age: _____ Home Phone _____

Adult Med. _____

Address: _____

Include mailing if different

Town

Zip Code

Adult Lg. _____

Adult XL _____

When emergency situations arise, or if staff need to contact you due to program changes, please complete the following: Indicate by number () the order of preference for contacting the people you list.

Adult XXL _____

Mother's Name _____ () Mother's Home phone: _____

*Women's
basketball*

() Mother's Work Phone: _____ () Mother's Cell Phone: _____

Father's Name: _____ () Father's Home Phone: _____

() Father's Work Phone: _____ () Father's Cell Phone: _____

I understand that participation in a participation a Recreation Department sponsored program is voluntary and may involve some risk, but I regard the benefits to outweigh the risks. I hereby release the Town of Marshfield, as well as the Recreation Department, its agents, contractors, employees, and volunteers of, from any and all actions, claims, and damages for personal injuries and disability that I or my child may sustain or incur as a result of participation in or transportation to or from any recreation program. I give permission for medical treatment to be given if needed. I understand that in an emergency, whenever possible an attempt will be made to communicate with me prior to the use of this permission. I assume any costs necessary should participant be sent home due to illness, injury, or misbehavior.

Signature: _____

Date: _____

Program	Code	Fee

*If you need
additional
room, please
attach
information
to a separate
piece of
paper.*

Helping Hand assists those families who are not able to afford Youth programs. If you would like to contribute to this program Please do so here.

Total Amount _____

Insurance Company/policy _____

Helping Hand Fund _____

Medication or other information staff should be aware of: _____

I do not choose to have my son/daughter's photo taken for advertisement and or promotion of Recreation Department programs.

Participant Name: _____ M F Grade: _____

D.O.B. _____ Age: _____ Home Phone _____

Medication or other information staff should be aware of: _____

Program	Code	Fee

Participant Name: _____ M F Grade: _____

D.O.B. _____ Age: _____ Home Phone _____

Medication or other information staff should be aware of: _____

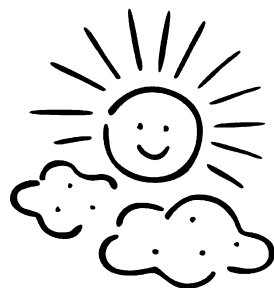
Program	Code	Fee

TOTAL PROGRAM COST, PREVIOUS PAGE AND ABOVE

Total Amount _____

Helping Hand Fund _____

Total Amount _____



HELP US TO SERVE YOU BETTER

Have a question, comment, something we should know, please take the time to let us know how we can better assist you with your leisure needs.

How do you find out about our programs? (Please Check) Brochure ? Newspaper ? Friend ?

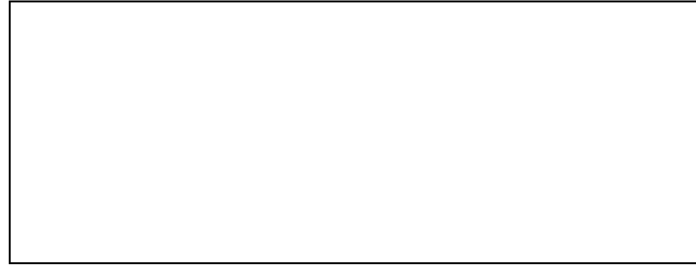
School Notice ? E mail ? Web Page ?

Other _____

Would you recommend a program to a friend? _____ Why? _____

Suggestions/Comment _____

Marshfield Recreation Department
76 South River Street
Marshfield, MA 02050
781-834-5543
E-mail mfldrec@mpsd.org
www.townofmarshfield.org



AFTER SCHOOL SPORTS

WHO: Co-ed students in grades 3, 4, 5 and Grades 6 –8

WHEN: Mon. Tues. Wed. October 17, 18 & 19
Through December 5, 6, and 7.
Students attend one afternoon per week depending on grade.

No class Wednesday November 23, make up date December 14.

WHERE: Elementary Schools, Furnace Brook Middle School

FEE: \$38.00 per student

CODE: SEE SCHOOL CODES, BELOW

The after school sports program is designed for students in grades 3, 4, 5 and 6 –8. Large group activities will be planned, (kickball, soccer, capture the flag, scooter ball, etc.) Weather permitting, activities will take place outside, otherwise we will use the gym. Students should wear comfortable clothing and sneakers. **Students must be registered before 10:00am** on the day the program begins in order to attend on their scheduled day. Class is limited to a minimum of 14 and a maximum of 22 students per class.

Fall session starts the week of October 17, and runs through December 7, 8 weeks. Parents need to pick up their child/children promptly at the end of each day.

Parents must send a note to their child's principal informing him/her that their child will be participating in the program. **If a note is not sent, your child/children will not be able to stay after for this program.** Parents must also send a note if your child has permission to walk home *** All registration forms must be returned to the Recreation Office w/appropriate fee. **DO NOT** return forms to your teacher or school.***

If your son / daughter has asthma and needs his / her inhaler, please send a note to the school office, granting permission to retrieve the inhaler from the school office. Please state that the student knows how to use the inhaler and has permission to self-administer as needed. Recreation Office will need a copy of the letter granting permission.

SCHOOL	GRADE	DAY	TIME	CODE
Furnace Brook	6-8	Wednesday	2:15 –3:30pm	431010-01
Daniel Webster	5	Monday	3:00 –4:15	421300-01
	3 & 4	Tuesday	3:00 –4:15	421300-02
Martinson	3	Monday	3:00 –4:15	421301-01
	4	Tuesday	3:00 –4:15	421301-02
	5	Wednesday	3:00 –4:15	421301-03
South River	5	Monday	3:00 –4:15	421302-01
	4	Tuesday	3:00 –4:15	421302-02
	3	Wednesday	3:00 –4:15	421302-03
Governor Winslow	4	Monday	3:00 –4:15	421303-01
	5	Tuesday	3:00 –4:15	421303-02
	3	Wednesday	3:00 –4:15	421303-03
Eames Way	3	Monday	3:00 –4:15	421304-01
	4	Tuesday	3:00 –4:15	421304-03
	5	Wednesday	3:00 –4:15	421304-02

Parents must pick up students promptly (gym entrance) at the end of the program.

*** All registration forms must be returned to the Recreation Office w/appropriate fee. **DO NOT** return forms to your teacher or school.***

% % **SPORTS ORGANIZATIONS** % %
Please Clip and Save Me!!!!!!!!!!!!!!!!!!!!

The following volunteer run organizations provide sports programs for Marshfield residents. **These organizations are not under the jurisdiction of the Recreation Department.** The Recreation Department does not assign practice times to individual teams. We issue the permit to the league who in turn assign fields and practice times. For further information please contact the people listed below:

% %	%	% %
YOUTH FOOTBALL	ED PARSONS	837-1006
GIRLS SOFTBALL	BILL MONAHAN	837-4460
YOUTH SOCCER	DOUG LITTLE	834-0983
BASEBALL AND T-BALL	JACK CANTWELL	837-5115
YOUTH CHEERLEADING	DEBBIE MENDES ARYES	781-837-9896
BOYS LACROSSE	RICK PETERSON	834-1580
BASKETBALL (WINTER SEASON)	JACK SHEEHAN	837-2734
GIRLS LACROSSE	SUE COLLINS	837-0926
SWIM TEAM	JILL WALSH	826-1300
HOT SHOTS	JOHN WILPERS	HOTSHOTSSOCER@AOL.COM
COASTAL STARS (hockey)	TIM MCCRYSTAL	834-4533

FIND A MISTAKE

Since some people love to find errors, we included a few in our brochure to satisfy this need. A Recreation Sweetshirt and coffee mug will be given to the first caller to correctly notify us of an error. Limited to one (1) offer per brochure. Winner will be posted on our web site www.townofmarshfield.org



PARKING LOT PICASSOS

A chalk drawing contest for artists of all ages. Bring your own sidewalk chalk and create your very own masterpiece. Categories will be set up for Children, Youth, Families and Adults.

Date: Saturday, October 1, 12:00 –2:30pm, rain date is Sunday October 2, (same time)

Location: Library Plaza Parking lot, (in front of the Recreation Child Care Center and Boys and Girls Club)

Registration Forms: Available at the Recreation Office, and Boys and Girls Club starting September 26.



We ll'be cooking up hot dogs and have cold soda for sale, along with some special prizes to be given away.

For additional information call the Recreation Dept., 781-834-5543 or the Boys and Girls Club, 781-834-2582

BABY SITTING 4 KIDS TRAINING, (co-ed)

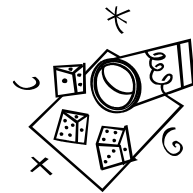
Baby Sitting 4 Kids Training

When: Mondays, 2:15 –3:15pm, October 17 –November 21 (6 weeks)

Where: Room # 24 Fee: \$38.00pp. **Code: 435020-01**

Course will include basic first aid , safety, age appropriate activities, parental expectations, Babysitting as a business, what to charge, role playing, a weekly student and more!!
Min. 20 –Max. 25. Work Book, and snack included.

Instructor: Mrs. Terry Sinclair, FBMS Instructional Aid, four hundred years experience teaching, and training this program to middle school students.



EVERGLADES KAYAK ADVENTURE



The kayaking adventure returns this winter. Look for information on our Florida Everglades Adult kayaking outings starting November 1. We are looking to offer this trip the last week in February - first week in March.

We will offer an Open House in November at the Recreation Child Care Center, along with detailed information on the types of trips which will be offered.

EMPLOYMENT OPPORTUNITIES

The Recreation Department is looking for assistance with the following programs.

Extended Day Program:

Site Coordinators and Group Leaders

Work with children in grades K-5, locations: Gov. Winslow, and Martinson Elementary Schools, and Recreation Child Care Center. Days available, Thursdays 12:30pm –3:30pm and another afternoon 2:30 –6:00pm

Adult Volleyball:

Volunteer to help coordinate the Monday night advanced volleyball program. Mondays October 17 –April 10, 7:00 –9:30pm.